



Exciting Spring Season Awaits All Skill Levels Welcome!

Our club is fielding teams for both Girls and Boys from 1st/2nd Grade through 7th/8th Grade.

We focus on development at every level:

- Ages 4th Grade & Below: Learn the fundamentals with fun, fast-paced 7v7 games.
- Older Teams: Compete on a full field with a focus on skill development and competitive play (10v10 Boys / 11v11 Girls).

Your season includes indoor training starting in February, followed by outdoor practices and 2-4 games per week, running through early June, plus 2-3 exciting tournaments!

Secure Your Spot:

<https://millstonerec.org/youth-rec/lacrosse/>

- Registration Fee: \$75 (secures roster spot)
- Club Fee: \$300 (due at season start, includes indoor training)

Questions? We're here to help!

- Boys Program: Contact Dori at dorip1013@hotmail.com
- Girls Program: Contact Deb at deblpo@comcast.net

Check out new custom Millstone GOAT gear!
A few items are available still for holiday delivery!
<https://b0g7eb-x6.myshopify.com/>

